

Nutrition Facts Lists

	Nutrition Facts (Based on Per Serving)					
Products	Energy	Protein	Fat	Carbohydrate	Sugar	Allergen Contents
POPCORN						
Caramel Popcorn (M)	713kcal	6.2g	23.3g	117.8g		Gluten
Caramel Popcorn (L)	851kcal	7.4g	27.8g	140.6g		Gluten
Lite & Sweet Popcorn(M)	910kcal	10.5g	49.0g	106.8g		Gluten
Lite & Sweet Popcorn(L)	1040kcal	12.0g	56.0g	122.0g		Gluten
Salty Popcorn(M)	504kcal	7.4g	22.1g	69.3g		Gluten
Salty Popcorn(L)	576kcal	8.4g	25.2g	79.2g		Gluten
HOT SNACKS						
Sweet Corn	114kcal	3.2g	1.2g	22.6g		N/A
Curry Puff	549kcal	10.7g	33.0g	52.2g		Wheat Gluten, Soybean
Chicken Meatballs- 6 Pcs	126kcal	9.7g	3.3g	14.4g		Soy
Chicken Meatballs- 15 Pcs	202kcal	15.5g	5.3g	23.0g		Soy
Beef Hotdog	314kcal	18.9g	6.9g	44.0g		Gluten,Sulphites
Chicken Hotdog	430kcal	15.7g	22.1g	42.4g		Gluten,Sulphites
Nuggets-6 Pcs	316kcal	13.1g	16.3g	29.3g		Wheat Gluten, Soybean
Nuggets-15 Pcs	889.7kcal	36.9g	45.9g	82.5g		Wheat Gluten, Soybean
Fish Fingers	502kcal	14.3g	25.7g	53.6g		Wheat Gluten, Sulphites.
Mashed Potato	77kcal	1.3g	1.1g	15.1g		Dairy Product, Soy,Sulphites
Nachos	386kcal	4.7g	18.8g	49.8g		N/A
Cheese	60kcal	1.0g	0.2g	13.5g		Milk
Salsa	55.1kcal	1.6g	2.4g	6.8g		N/A
Ala Carte Fries (250gm)	597.5kcal	5.75g	23.5g	90.5g		
Chicken Bites and Fries (per 100g)	252kcal	12.3g	11.0g	25.9g		Wheat, Gluten, Egg
Chicken Strips - 5pcs	241kcal	9.8g	12.2g	22.9g		Wheat, Gluten, Soybean
Mini Cocktail Sausage - 15pcs	189kcal	6.2g	10.6g	17.3g		Wheat, Gluten, Soybean, Milk
Mac and Cheese Bites						Wheat, Flour, Milk
McCain Fries						Soy
SOFT DRINKS						
Coke Regular						
22oz	273kcal	0g	0g		69g	
32oz	397kcal	0g	0g		100.3g	
Coke Zero						
22oz	0kcal	0g	0g		0g	
32oz	0kcal	0g	0g		0g	
Sprite						
22oz	273kcal	0g	0g		67.1g	
32oz	397kcal	0g	0g		97.4g	
Fanta Orange						
22oz	293kcal	0g	0g		70.3g	
32oz	426kcal	0g	0g		102.2g	
Fanta Strawberry						
22oz	319kcal	0g	0g		76.8g	
32oz	464kcal	0g	0g		111.6g	
Fanta Grape						
22oz	306kcal	0g	0g		73.6g	
32oz	445kcal	0g	0g		106.9g	
H&E Ice Lemon Tea						
22oz	280kcal	0g	0g		69.7g	
32oz	407kcal	0g	0g		101.2g	
Minute Maid BIB Orange						
22oz	306	0g	0g	74.2g	67.7g	
32oz	445	0g	0g	107.9g	98.4g	
Minute Maid BIB Apple						
22oz	270kcal	0g	0g	67.6g	65.0g	
32oz	393.1kcal	0g	0g	98.3g	94.5g	
HOT DRINKS						
Hot Milo	132kcal	3.4g	2.3g	23.8g		Milk
Teh Tarik	89kcal	1.6g	0.5g	19.4g		Milk
Coffee	3kcal	0.3g	0.01g	0.1g		
Cappuccino	70kcal	0.5g	4.3g	7.0g		Milk
Georgia Coffee						
Americano	10.41kcal	0.24g	0g	2.4g	2.4g	
Cafe Latte	103.4kcal	2.8g	2.1g	18.2g	15.9g	Milk
Cappucino	84kcal	2.1g	1.7g	15.1g	12.5g	Milk
Mochacino	134kcal	3.1g	2.4g	25.1g	19.4g	Milk
Hot Chocolate	171.5kcal	1.9g	3.1g	34.1g	23.7g	Milk
Other Beverage						
Cold Milo	121kcal	3.4g	0.5g	20.1g		Soy

Updated as at 01 January 2020